



The Caregiver Connection

Fall, 2016

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Dear Reader:

After raising the funding necessary (\$5,000 from the New Hampshire Charitable Foundation and \$2,500 from the Samuel P. Hunt Foundation), several Board members and I led our organization through the Strategic Planning Process. Jeanine Tousignant of Jeanine and Company was hired based on her deep experience in small to medium-sized non-profits, both an executive director and a fundraiser. Jeanine worked closely with a Strategic Planning Committee to design a strategic planning process that would meet the organization's needs.

In November, both Board and staff met in the first of two Strategic Planning Retreats. At that meeting, attendees reviewed the information revealed in the Board and staff SWOT (Strengths, Weaknesses, Opportunities & Threats) analyses, discussed their hopes and concerns for the organization going forward, and outlined the questions they hoped to answer through this process. Based on that discussion, the Strategic Planning Committee created a Community Needs Assessment that over the following two months surveyed eight different constituencies that impact our work: clients, volunteers, towns served, funders, ServiceLink211, other caregiver organizations, present and former Board members, and area schools.

At a second Strategic Planning Retreat on March 9, 2016, attendees analyzed the results of the assessments, brainstormed, categorized and prioritized possible strategic planning objectives, and began to rewrite the organization's mission statement. This information was processed by the Strategic Planning Committee and incorporated into a draft plan circulated to the Board for consideration at the March Board meeting held later on that month. After a month of fine tuning, the Strategic Plan 2017 - 2020 was approved at our April, 2016 B.O.D. Meeting.

Here are the eight goals that make up our Plan, each of which has several objectives, a timeline and a person responsible for leading each effort:

- 1.0 Increase long-term financial stability**
- 2.0 Ensure adequate programs, services and staffing for future expansion and initiatives**
- 3.0 Increase contributed income**
- 4.0 Retain and expand volunteer base to reduce waiting list and serve expanding client base and client needs**
- 5.0 Expand partnerships with organizations that serve similar populations**
- 6.0 Develop a program and business plan for The Loaner's Closet**
- 7.0 Maximize marketing for client service, recruitment and community awareness**
- 8.0 Ensure excellent governance practices**

Our brand new mission statement can be found in the left-hand column of this cover page. I am excited for the next three years to see what great things we can make happen and how making a few strategic moves, time and effort, we can help more individuals more quickly. Thank you to all the folks who participated in the assessments, our Board, committee and staff and our great funding partners.

Warm Regards, Cindee Tanuma, Executive Director



Caregivers' Mission:
Enriching lives and supporting individuals to remain independent through a compassionate volunteer community.

All services are free of charge and available to eligible residents in the towns of Chester, Danville, Derry, Hampstead, Londonderry, Sandown & Windham.





DONOR THANK-YOU'S



Thank you to all our donors from March 23rd to September 8th, many of whom have chosen to remain anonymous. We could not have come this far without all of you. We rely on YOU to help us continue to assist the elderly and disabled in your community and to provide medical equipment FREE of charge! Please stop in and say hello so we can thank you in person someday and see your contributions in action.

Alexander Eastman Foundation	Elaine Parsons	Marion Guilbert
Allison Bush	Elinor Robie	Marion Mailloux
Anita Kelleher	Ellen & James Stace	Marion Willis
Ann & Bill Harrington	Ellie Hines	Marlene & Richard Jones
Anne Smileye	First Parish Congregational Church	Marlene Damiano
Barbara & Bruce Paris	Gayle & Evan Williams	Mary Ann Eisner
Barbara & Bruno Walser	Geraldine Lannan	Mary Costigan
Barbara & Raymond Nolin	Gloria Kane in memory of Roland Lebrun	Mary Muller
Barbara Deschenes	Grace Fortier	Mary Salter
Bean Foundation	Grace Marad	Maz & William Deluca III in memory of Barbara Driggers
Bernice & Roderick Granese	Granite State GI Consultants, PLLC	Michelle Colgate in memory of mother, Judith Boisvert
Betty and Bill White	Helen Boisseau	Noha & Tony Zayat
Brenda & Mark Foley in memory of Juliette Stevenson	Horne Foundation	Nora Kish
Caril & Matthew McLean in memory of Roland Lebrun	Iris Altilio	Norman Baxter
Carol & John Parkhurst in memory of Victor Harmon	Irma Taylor	Nouhad Soueidan
Carol Guerrin	Janet Eagleson	Orchard Christian Fellowship Church
Carole & John Banks, Jr.	Janet Miner	Patricia & Richard Novia
Carolyn & Burton Lashua, Jr.	Jeanne & John Wissler	People's United Bank Foundation
Carrie & Alan Cote	John Burmudez	Pinkerton Academy
Charlotte Lister	John Kellaway	Richard Nelson
Claudette Mendes	Josephine Tieri	Richard Tripp
Curtis Johnson	Judith Blomquist in memory of husband, Roland Lebrun	Rose Ellen & George Estano
Daniel Cheetham	Kathleen & Louis Luscher	Roseann & Robert Behrens
Daniel Stagnone Sr.	Kelly Crowley in memory of Mildred Crowley	Rosemarie Morris
David R. Duval D.O.	Laura & David Treat	Rosemarie Palis
Debora O'Donnell	Liberty Mutual / Give with Liberty	Ruth Hulse
Deborah & William Hesketh	Linda Gross	Ruthlee Root
Debra Cinamon Whalen	Linda Vandevoorde	Sandra Kimball
Denise Tedesco in memory of Gerry Tedesco	Lisa & Mark Auer	Sarah Holbrook
Derry Walmart	Lisa Ann Dominguez	Sheena & Bob Lewis
Diane Trow	Londonderry Rotary Club	Shirley Barton
Donna Martel	Lorinda & James Rausch	Shirley Smithe-Chatski
Doris Cooper	Louise Abbott	Shirley Visnor
Dorothy Green	Lucy Fayle	Staci Santos
Dorothy Stone	Maralyn & Herbert Melkonian	Susan & Roland Conner
Elaine Eckert	Marie & Richard Vigliotti	Susan Butts
	Marion Byrne	Susan Haussler
		Tammy & Frank Campisi
		Thom Zamonsky

SPECIAL THANK YOU'S

DONOR THANK-YOU'S CONT...

Town of Chester
 Town of Derry
 Town of Hampstead
 Town of Sandown
 Town of Windham

United Way of Mass Bay/Merrimack Valley
 Veronica Burns
 WalMart Distribution Center, Raymond NH
 Wendy Jowett
 William & Claire Stewart



Each year, our supporters continue to astound us with their generosity and love for any game of chance. The 2016 Spring Fling Raffle was a great success with over 116 raffle ticket holders helping us raise \$2750! On June 30th, Pam Rugg, from Mulrennan & Rugg, helped pull the winning tickets. Gen & Herb Rowell, long-time volunteers, won the grand prize of \$500! Thank you to all who participated.

For every visitor to our office who has been aggravated at how difficult it is to open our front door, you can thank **Vince Chestnut**, for helping to fix it. Our "Prince Charming" came in out of the blue on August 25th to sign up to be a sponsor for the Hampstead Town-wide yard sale, and we explained our door handle woes. **Alpha Locksmith** installed a new door handle on the spot. Local business owners never cease to amaze us with their willingness to help when they can.



Thank you to Bob McGuirk, Grand Knight, and all the gentleman at St. Mark's Knights of Columbus, Council # 10448 for donating extra baseball tickets to the June 24th game of the NH Fisher cats! It is always wonderful to offer extra perks to the volunteers to say thank you for their service.



A big thanks to those folks who came out to support Caregivers at Margarita's in Salem for an evening of dinner and drinks on June 9th! We made \$260. Unfortunately, the Margarita's family of restaurants is doing away with their fundraisers as of next month. We will be looking for a new restaurant partner for each June, if any one out there would like to host an event with us.

Hannaford Helps Reusable Bag Program

Thank you to Tina Fortin, store manager at the Londonderry Hannaford, for selecting us at the July recipient of their bag program. For every Good Karma Bag that was purchased, Caregivers received \$1. Thank you to everyone who went to that location to shop and support us.



Thank you to Donna Roe and the participants at the Manchester site of Workplace Success from SNHS, Inc. They worked countless hours preparing our last three publications for mailing, including this one. You all rock!!! We wish you all success in your job search.

UPCOMING EVENTS...

shopwithscrip[®].com

A Service of Great Lakes Scrip Center[®]

Back by popular demand we will be running the SCRIPT Gift Card Program again.

If you purchase gift cards through our office, a portion of your purchase will be donated to us. *For example: If you would normally spend \$100 at Shaw's over the course of a month, simply purchase a \$100 Shaw's gift card, make the check payable to us, and in a few weeks your card will arrive. Your cost is \$100, the value of the gift card is \$100, but Caregivers will receive 4% (\$4).*

Hundreds of retailers are available, with cards for purchase in various denominations, and varying rebate levels for Caregivers.

Visit www.glscrip.com and click on "Retailer List Alphabetically or By Category" to browse the many options.

Questions about the retailer list or requests for help with the site can be sent to julie@comcaregivers.org or call 432-0877

DEADLINE IS NOVEMBER 18TH TO ENSURE YOU HAVE YOUR HOLIDAY GIFT CARDS TO GIVE TO YOUR LOVED ONES. SAVE YOURSELF A TRIP TO ALL THE DIFFERENT STORES TO BUY GIFT CARDS & SUPPORT CAREGIVERS!

Brought to you by:  **HAMPSTEAD, NH TOWN-WIDE YARD SALE** Brought to you by:  **SAVERS**
Said deeds. Great deeds.

To Benefit:  **Community Caregivers of Greater Derry**  **Loaner's Closet**

RAIN or SHINE
9AM - 2PM
SATURDAY, OCTOBER 1ST
Registration deadline to be placed on the official map* is September 23rd.

YOU KEEP ALL THE PROCEEDS OF YOUR SALE!

To register online using **PayPal** go to <http://comcaregivers.org/townwidiyardsale>

Registration Options:

INDIVIDUAL SITE:
\$20 Host at your home or business

COMMUNITY SITE:
\$30 Sellers will have two designated adjacent parking spaces in the Saint Anne Parish Parking Lot on Emerson Avenue. No tents will be allowed, and you must bring own table(s).

 *Yard Sale Maps will be sold for a \$2 donation the morning of the sale at 3 designated locations:
Saint Anne Parish: 28 Emerson Avenue
Depot Crossing: 508 Main Street
Hampstead Health & Fitness: 45 Danville Road

 For updates or questions, visit our Community Caregivers of Greater Derry page or call the office at (603) 432-0877.



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BENEFIT BAKE SALE-

Sun, Oct. 16th @ Mack's Apples

Pies are best sellers and are preferable, but donations of cookies, brownies, breads, Rice Krispy treats, fudge, coffee cakes, cakes, and cupcakes are welcome! Cookies and brownies wrapped in twos or a plate of a dozen would be great. Diabetic, gluten-free, or other special diet options should be marked accordingly.

Please call Julie and let her know what you will be bringing.

Items may be dropped off between 1-4PM on Sat., Oct. 15th @ Episcopal Church of St. Peter, 3 Peabody Row in Londonderry or brought to the orchard at 230 Mammoth Road on the day of sale.

Pickups can be arranged per request.

Don't bake? Donations of packaging materials are appreciated.



MORE UPCOMING EVENTS...



Friday, April 29th, Community Caregivers, St. Luke's UMC & 125 guests welcomed the popular Celtic soloist Charlie Zahm to Derry for a delightful night of music and folklore.

The NH Highland Games perennial favorite has a new CD of Christmas music and has been invited to come back on Friday, December 16th at 7:30PM. He will entertain us with an evening of Christmas songs, as well as songs from the Celtic lands.

If you missed the show in April, be sure not to miss this one.

We will again be partnering with St. Luke's United Methodist Church with all the ticket proceeds coming to Caregivers. Tickets are priced reasonably at \$15 and will go on sale starting December 1st. Visit and like our Facebook page or sign up for our e-newsletter by visiting our website for reminders and updates.



Starting October 1st, we will again be accepting online orders for direct to customer shipping of wreaths, kissing balls, garlands, and amaryllis kits.



All the choices are on our landing page at <https://ThreeRiversFundraising.com/fund/communitycaregivers>

Best thing is, Caregivers profits \$10 from every order. We can guarantee these will be the best wreaths you have ever owned!

DOUBLE-FACED:

THE THREE RIVERS DIFFERENCE

Three Rivers Wreaths are always double faced. This means that wreaths are the same on the front and the back unlike our single-faced competitors. Hang our wreaths in a window or on a front door and don't worry about a metal frame banging or scratching your home. Our quality is hard to beat and your customers will easily notice the superior standard of a Three Rivers Wreath!



Back of a Plain Wreath

We will also be selling both decorated (\$20) and undecorated (\$15) wreaths here at our office starting the week of Thanksgiving and at the St. Mark's Knights of Columbus, Council # 10448 Annual Tree Sale at the Rt. 102 BP Gas Station (by Crossroads Mall in Londonderry).

Want to save on shipping? Order anything through Julie at our office, and pick up from us when we call you. Order forms will be in-house after October 1st.

Warm Welcome and Board Elections

Community Caregivers of Greater Derry welcomed two new members to their Board of Directors in May with the departure of five retiring Board members.

Justin Paré of Windham is a general practice attorney in Londonderry. He is a member of the Conservation Commission in Windham and of the Pastoral Council at St. Mark the Evangelist Parish in Londonderry. Justin brings over 15 years of experience from his previous career as an operations executive in the non-emergency medical transportation industry.

Barbara Smith (BJ) has lived in Chester since 1988. After several years as a real estate consultant in Boston, she spent 20 years at home with her three children, working part time in her husband Peter's real estate business and volunteering. She returned to school in 2005 and graduated with an MSW from the University of New Hampshire in 2009. Now a LICSW, ACHP-SW she works with patients and families facing serious illness and end of life issues as a full time social worker at the Concord Regional Visiting Nurse Association Hospice House. She and most of her family members have also been long time volunteers and supporters of Caregivers.

Community Caregivers is proud to welcome these new members to the Board of Directors. They will each serve three-year terms. Also in May, we elected Martin Couture as our new Board Chair, Jill Jamro as Vice chairman, and Priscilla Lane as Secretary. They will serve two-year terms.



On May 17, fifteen major donors were invited to the unveiling of the Loaner's Closet Program Sign and Perpetual Plaque Dedication. The sign and plaque were paid for by the Londonderry Women's Club. The plaque will recognize major gifts and inspire others to do the same. Although the items are all donated, there is a tremendous cost associated with running the free loaner program (ie. staff, rent, cleaning and labeling

products). Therefore, contributions, big or small are absolutely necessary to continue our booming business (*1865 loans in the last 12 months alone*). Thank you to the following donors:

Alexander Eastman Foundation, Anthem Blue Cross & Blue Shield, Doris L. Benz Trust, Mary Louise Billings Trust/Citizens Bank and Trust, Bishop's Charitable Assistance Fund, Curtis Johnson in Memory of Sister Willie Spurs, Marlene Damiano, The Eventide Foundation, Getz Charitable Trust/Citizens Bank and Trust, Oleonda Jameson Trust, McNich Foundation, NH Charitable Foundation/Greenspan Fund/Manchester Regional Community Fund, The Ramlose Foundation, Robert E. Simpson Fidelity Charitable Gift Fund, Santander Bank Foundation.



(L-R Bob McDonald-AEF Treasurer, Marlene Damiano, Sylvia Roberts-Londonderry Women's Club, and Angel Burgado, Santander Bank)

Caregivers Remembers...

We extend our thoughts and sympathies to the families and friends of the following:

Carolyn Moore Evelyn MacKenzie Betty Welch Katherine Perry Kay Chism
Hazel Abbott Emily Morini William Fleming Olympia O'Neill Roger Galuska

CAREGIVING OPPORTUNITIES AND NEEDS AS OF 9/16/2016

Call Caregivers for more info on assignments listed below, 432-0877

Derry

Widower, and former avid skier looking for someone to visit with in the afternoons and go on outings together. Goes to McDonald's each morning, but the afternoons pass very slowly. Doesn't smoke or have children.

Elderly woman in East Derry now isolated due to heart condition. Seeks female friendly visitor anytime after 11AM later in the week. Enjoys gardening and acrylic painting. Originally from DC. Has small dog. Used to work in payroll.

Younger woman dealing with lung problems, sarcoidosis, cancer and heart problems looking for someone to visit. Her immune system and oxygen dependence do not allow her to join the community. Very sweet, empathetic & smart. Would love to learn how to crochet or knit. No pets or smoke. Lives near Derry Police Department.

Little older lady in Derry Meadows homebound after giving up driving. Has difficulty with light chores, laundry and companionship. A visitor Sat, Sun or Mon would be great. Either sex. Middle-aged preferred. Mornings great. Also open to outings or lunch. Loves computer games, novels, jigsaw puzzles, and conversation.

Regular dialysis driver needed for Mondays and Fridays at 2:30PM. Bring man home to Derry from Londonderry (one way).

Londonderry

Elderly couple on High Range looking for cleaning help and friendly visiting. Also bringing heavy groceries from car and trash out on or before weekly trash pickup. Wife looking for a female to visit her. Loves card games, cribbage, needlepoint, shuffleboard and meal time. No smoke or pets.

Social butterfly in South Londonderry looking for visitation. Daytime hours preferred. Likes cards, crosswords, sitting outside. Loves bingo. Grew up in Cambridge.

Overwhelmed husband looking for respite so he join Monday night bowling league. Lucid wife just has extensive breathing problems. No pets. Children all out of state.

Dog walker needed for Chihuahua on Auburn Road. Any day between 9AM and 12PM.

Hampstead

Long-time client recently hospitalized looking for someone to help her do laundry in the community building and to run a vacuum. Great sense of humor, very thoughtful. No pets or smoke. Only two times a month. Used to be in social work herself.

Retired 3rd grade teacher from the Cape looking for someone to keep her company when husband needs to go out. Lives on Wash Pond, good health just falling a lot lately.

Elderly woman in Village Green Apartments looking for loud speaking female volunteer to help once a week with changing sheets, cleaning bathroom and floors, watering plants, taking out trash and getting mail.

Windham

Female, former 2nd grade teacher from Maine looking for companionship. Likes bridge and board games. Dealing with new memory diagnosis. Afternoons are more lonely. Exercising or movie outings would be especially welcome with a female. No pets or smoke.

Sandown

Back up dialysis drivers needed from man near Zorvino Vineyards. Schedules changed for all our dialysis clients and some of the new times don't suit the current drivers. His schedule is M, W, F on machine in Londonderry. Biggest concern at the moment is Fridays home at 3pm.

Danville

Gentleman living with cancer diagnosis looking for someone to shop for him at Market Basket in Plaistow and put out garbage on Tuesdays along with helping with laundry. Musical prodigy. Very talkative. Looking for someone to lift him up from a low place. Worked at Hale Hospital for 40 years. Either sex OK.

Woman off Colby Road with recent chronic illness that makes her very dizzy, looking for someone to shop for her when needed.

Self-described hippie/artist and widower with no children looking for help getting to grocery store and to appointments. Owns chickens and a cat. Idealist and very easy to work with. Has brain injury from car accident.

Community Caregivers

of Greater Derry
1B Commons Drive, Unit 10
Londonderry, NH 03053

Non-Profit

Organization

U.S Postage

Permit # 60

Derry, NH 03038



Fall 2016 Newsletter



"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

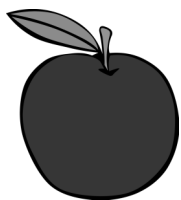
-Margaret Mead

Board of Directors as of 08/2016

Chairman: Martin Couture, Hampstead
Vice-chairman: Jill Jamro, Manchester
Treasurer: Lee Carvill, Londonderry
Secretary: Priscilla Lane, Danville
Paul Loffler, Derry
James McCoy III, Manchester
Kelly McIntire, Londonderry
Justin Paré, Windham
Jill Pelunis, Derry
Barbara Smith, Chester
Susan Walker, Manchester

Caregivers Staff:

Cindee Alice Tanuma x4
Executive Director
Julie K. Levesque x1
Office Manager
Paula Flynn
Grant Writer
Nancy H. Pierce x2
Transportation Coordinator
Donna Kluk x3
Loaner's Closet Coordinator
Phone: 432-0877 Fax: 432-7041
E-Mail: office@comcaregivers.org
www.comcaregivers.org



SAVE THE DATES:

MACK'S APPLE BAKE SALE—OCT. 16
HAMPSTEAD HEALTH FAIR—OCT. 29
CAREGIVERS HOLIDAY OPEN HOUSE—
TENTATIVELY DEC. 8

CHARLIE ZAHM CHRISTMAS CONCERT—DEC. 16
POTTER'S BOWL—FEB. 4 2017

