### CAREGIVING OPPORTUNITIES AND NEEDS AS OF 6/3/2019

Call Cindee for more info on assignments listed below, 432-0877 X4

#### **All Towns**

Service groups, large and small, needed for summer work projects. This is the time of year where people start to wonder how they will get help this summer with occasional yard work / gardening projects.

# WE NEED TRANSPORT VOLUNTEERS IN ALL SEVEN TOWNS. EVEN JUST TWO DRIVES A MONTH.

#### Windham

- Former banker, widow, and animal lover. Lives with only daughter who works from home. Loves crafts, cards, puzzles, short walks, lunch outings, senior center, gardening and visiting. 10-2 would be best. Heart issues, tires easily.
- Wife of Korean War Vet looking for additional respite for husband on Mon, Wed, or weekends. Retired salesman. No pets or smoke. Dementia diagnosed two years ago.
- Retired IRS worker/waitress/bartender looking for help with light chores. Lived in home 53 years. Has heart disease and blood cancer. Night owl sleeps in. Either sex and any age can help.
- Need someone that doesn't get scared by a big project/long term. Lonely widow on Lowell Road looking for help cleaning after years focused on caring for ailing husband. Bath room needs new paint, walls washed, windows washed, cupboards cleaned. Are you looking to cheer someone up and lift them up and clean house? This project is for you. Does have one cat. No smoke.

## Londonderry

- Speak Russian? We have a new Londonderry couple originally from Russia and the wife's cognitive impairment has made her revert back almost fully to her native tongue. Looking for light respite so he can go grocery shopping.
- Woman in Whispering Pines (the Londonderry part) needs help with light chores once a week and bringing heavy items in from car. Her 3-year match just headed off to college this month.
- Lonely widower looking for companionship. Tuesdays/Thursdays best. Loves bridge, backgammon, trivial pursuit and eating good food but he can't cook. Loves classical music and Italian history/heritage. Lives near Home Depot.
- Very recent widower living off Shasta Drive looking for help around the house including laundry. Likes chess, owns a cat and used to work in the air freight business.
- Lovely retired nurse, mom of 5 and co-owner of local floral shop looking for someone to take her to Shaws daytime weekly as well as help within the store.

#### Derry

- Widow in Bunker Estates looking for help with laundry, bed making, and vacuuming twice a month. Family lives in North Country. Lung issues make life hard. Optimistic personality would be best.
- Woman in elderly housing downtown looking for someone to bring her to Walmart every three weeks. From Connecticut, loves jigsaw puzzles and uses walker. Other service providers have expressed their fondness for her.
- Mandarin Chinese elderly couple that live near golf course are looking for help cleaning as she is riddled with arthritis. Volunteer that speaks their language would be a huge benefit as they don't speak fluent English.
- Man with CP and Asperger's whose only family member is no longer able to drive, is looking for someone to help him with weekly errands. Locations would vary like bank, dollar tree, Rite Aid, Wal-Mart and Shaws. Very into electronics, robots, computers and is Derry Cables longest standing volunteer. Lives near Clam Haven.

# Hampstead

- Wife in Emerson Village Trailer Park very overwhelmed by his husband's frontotemporal dementia which effects his executive functioning. Really needs a nap as wanders at night. Is nicer to company than he is to her. He would be an easy match for someone. Very oriented, sense of humor, female preferred.
- Five women in Emerson Village are looking for help to just clean her floors and tubs once a month due to various physical ailments. One volunteer could serve multiple clients each once a month. All are very tidy they just need help with heavy stuff.
- Husband seeking respite for wife so he can go out for groceries. Confined to wheelchair due to Parkinson's. Cognitively fit. Bright, great sense of humor and kind.
- Woman in 90's who just got back from winter in Florida looking for companionship. Perfect match for fellow snowbird. Kind of a loaner / homebody.

## Danville

Older volunteer sought for friendly visiting with a side of light chores. Been in town since 1986. Retired phone company worker, very chatty. Not driving or getting out much do to memory. Woman in 90's off of Hersey Road looking for help with the home. Just once a month with the heavy stuff. Lives with Parkinson's, hip and spinal pain. Retired OB nurse.

## Sandown

Man with cancer in center of town looking for someone to shop for him and clean a little. No energy due to treatments. Widower with no kids or siblings. Owns hobby shop but currently can't work. Super nice guy. Frequency is twice a month.